Understanding Fishers' Wellbeing through Participatory Processes in Fisheries Management

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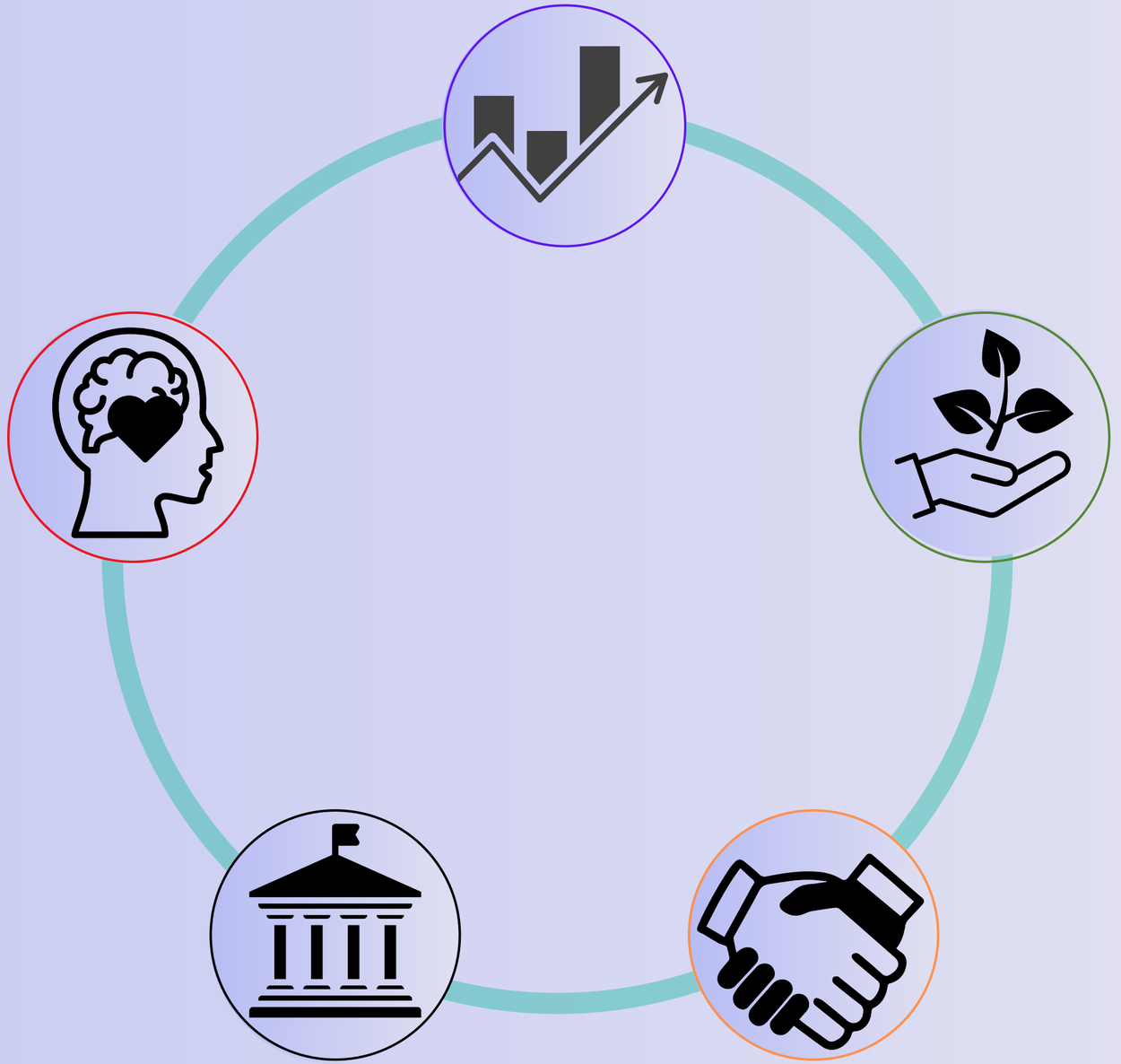
Research foundation

Well-being is a:

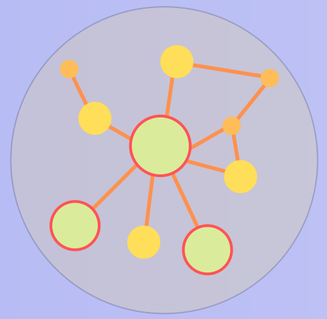
- Complex
- Dynamic
- Circular

system

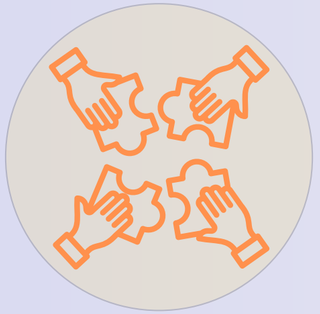


Rationale

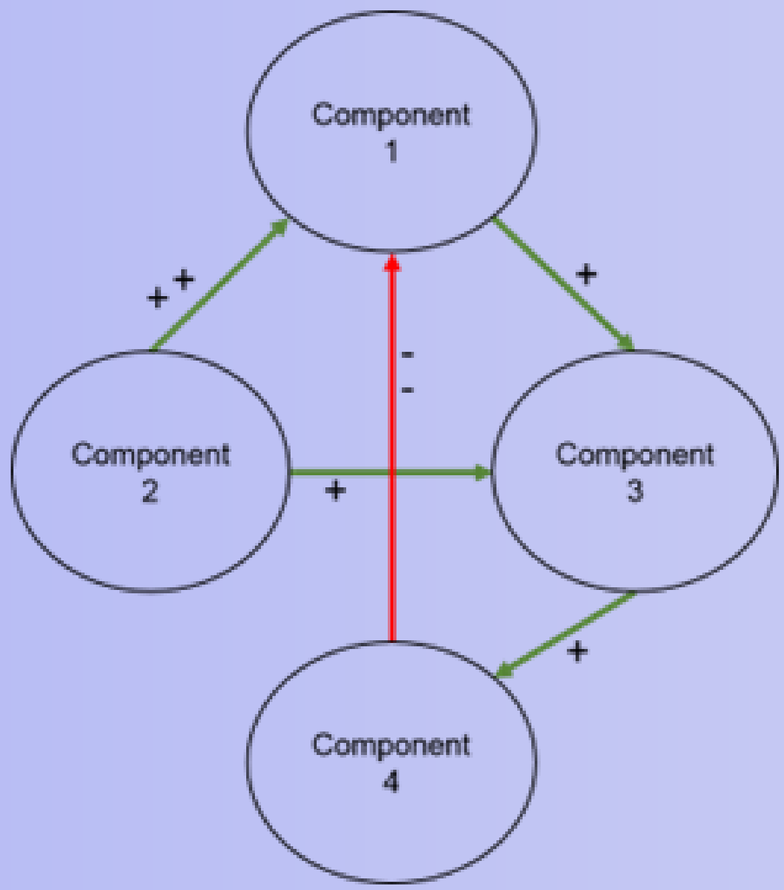
- Well-being often is not addressed as a holistic system in fisheries
- Conficting stakeholders interests and goals
- Different definitions and perspectives
- Accessibility and inlfuence on policy making



This research uses participatory methods to see what would well-being “looks like” as a system and how its elements dymanically interact with each other



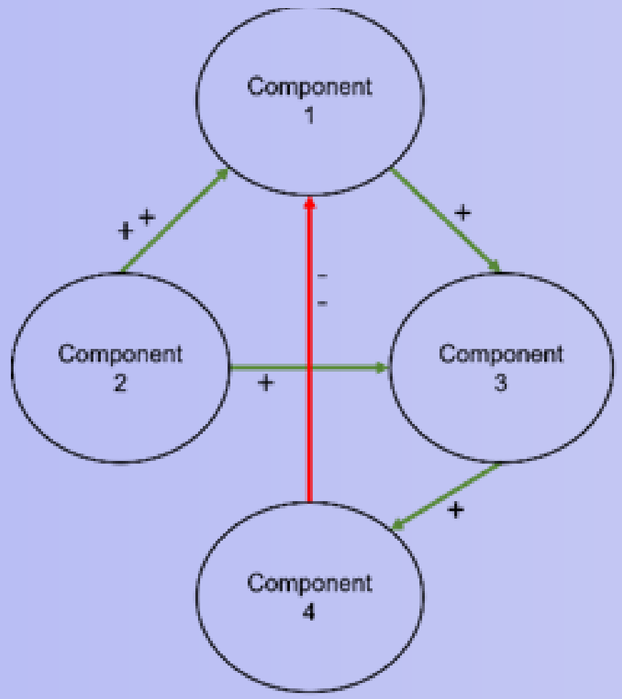
What is a Fuzzy Cognitive Map?



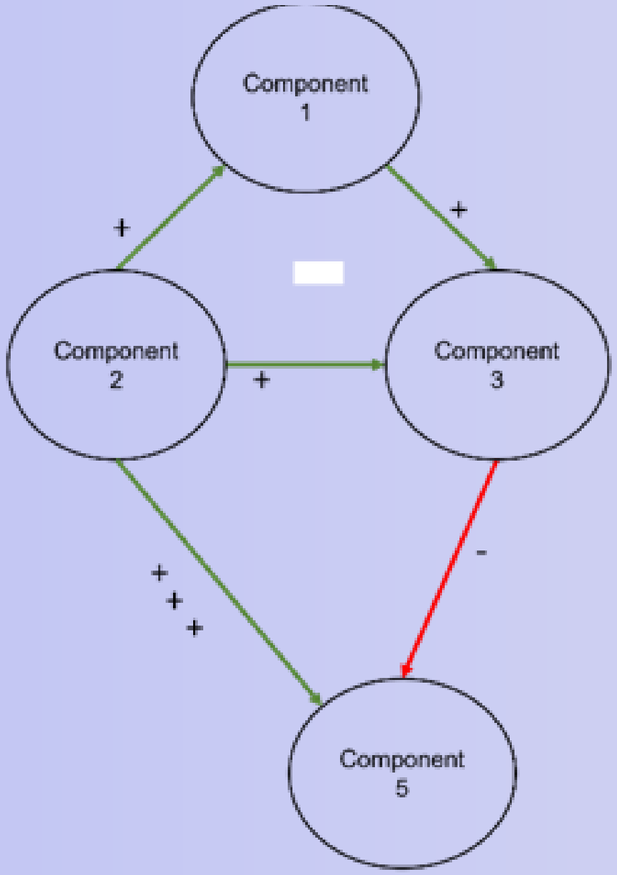
- **A model of how a system operates.**
- **Depicts the system as a graph.**
- **The relations between components are numeric**
- **Allows for the quantitative description of the interactions within the system.**

Circle = concept/indicator
Arrow = direction of influence
Symbol = nature & strength of influence

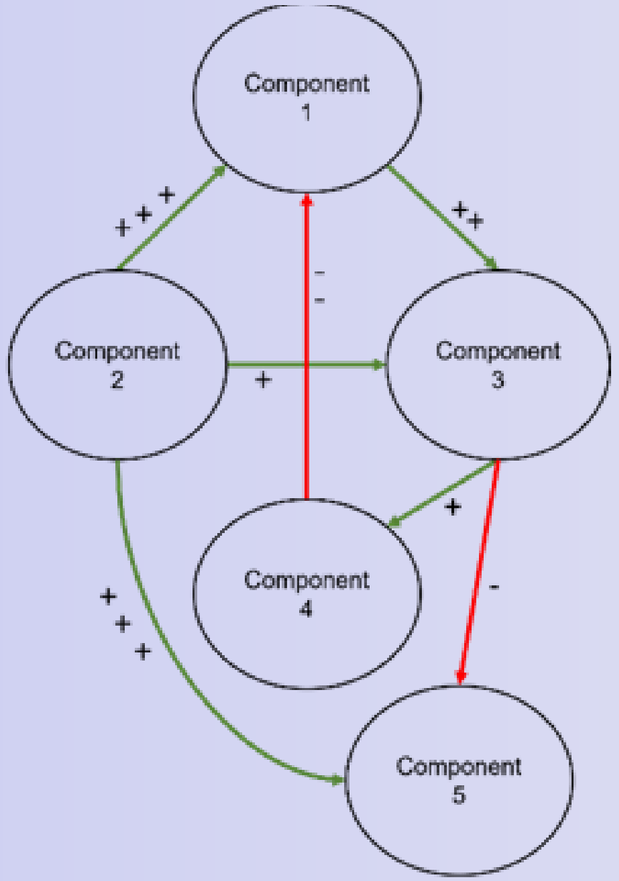
How can we use FCMs in research?



Stakeholder map 1



Stakeholder map 2

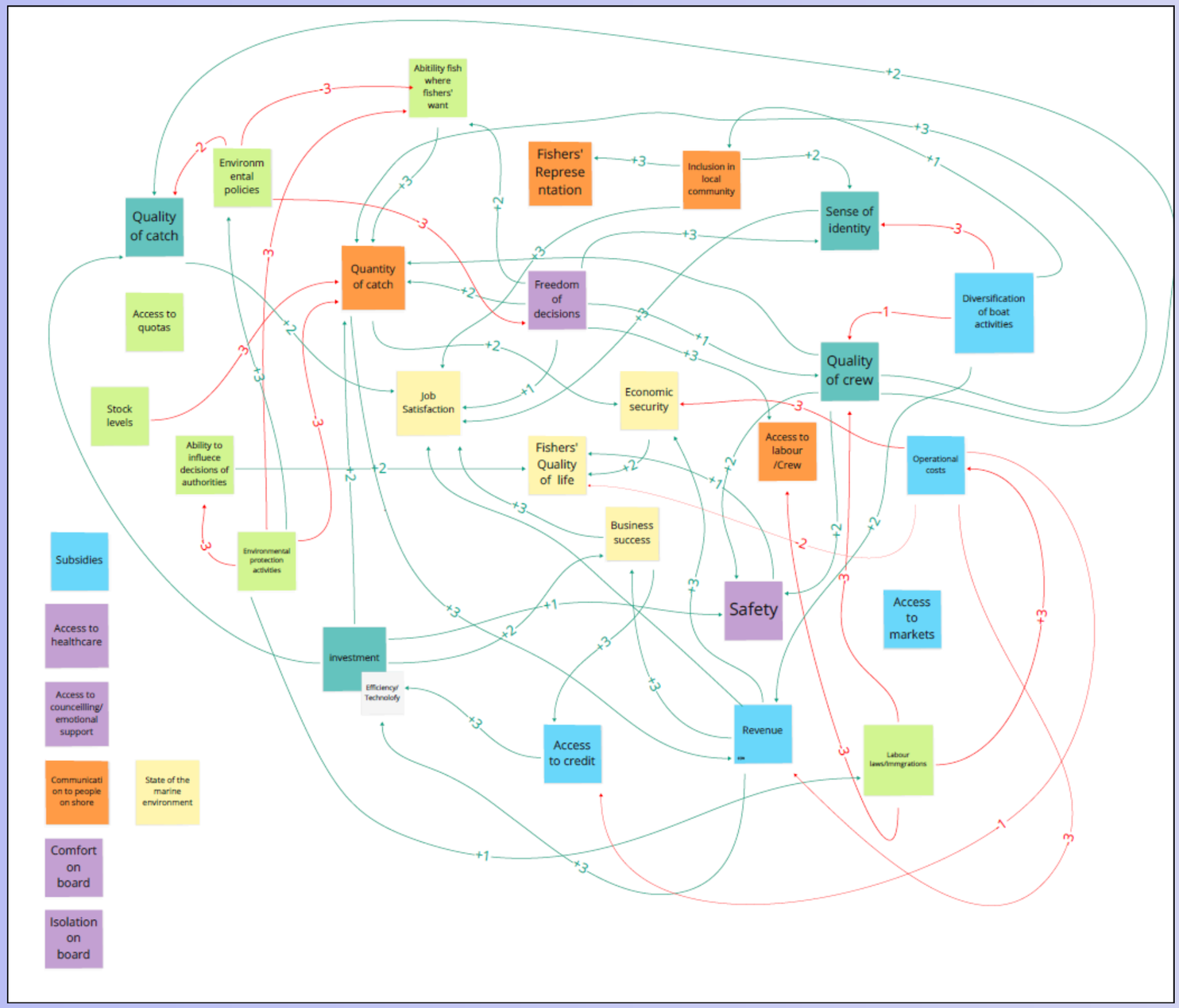


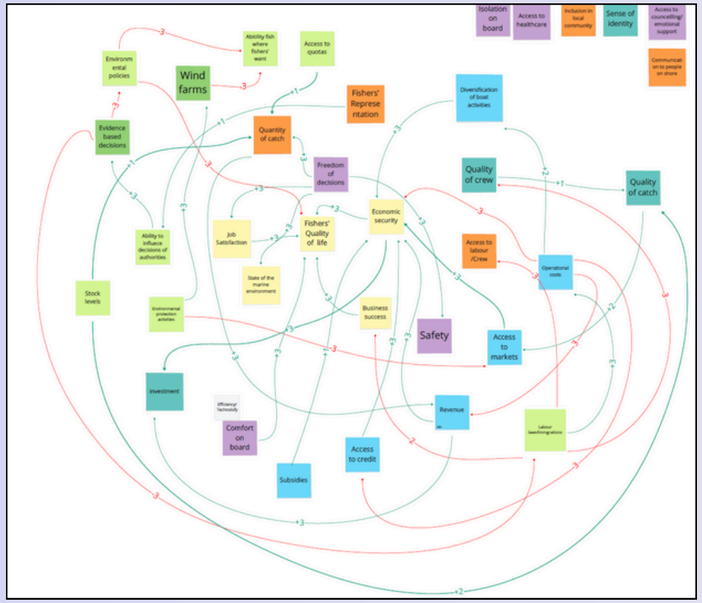
Combined map

Individual maps → **Stakeholder group maps** → **Community map**

Methods and data collection

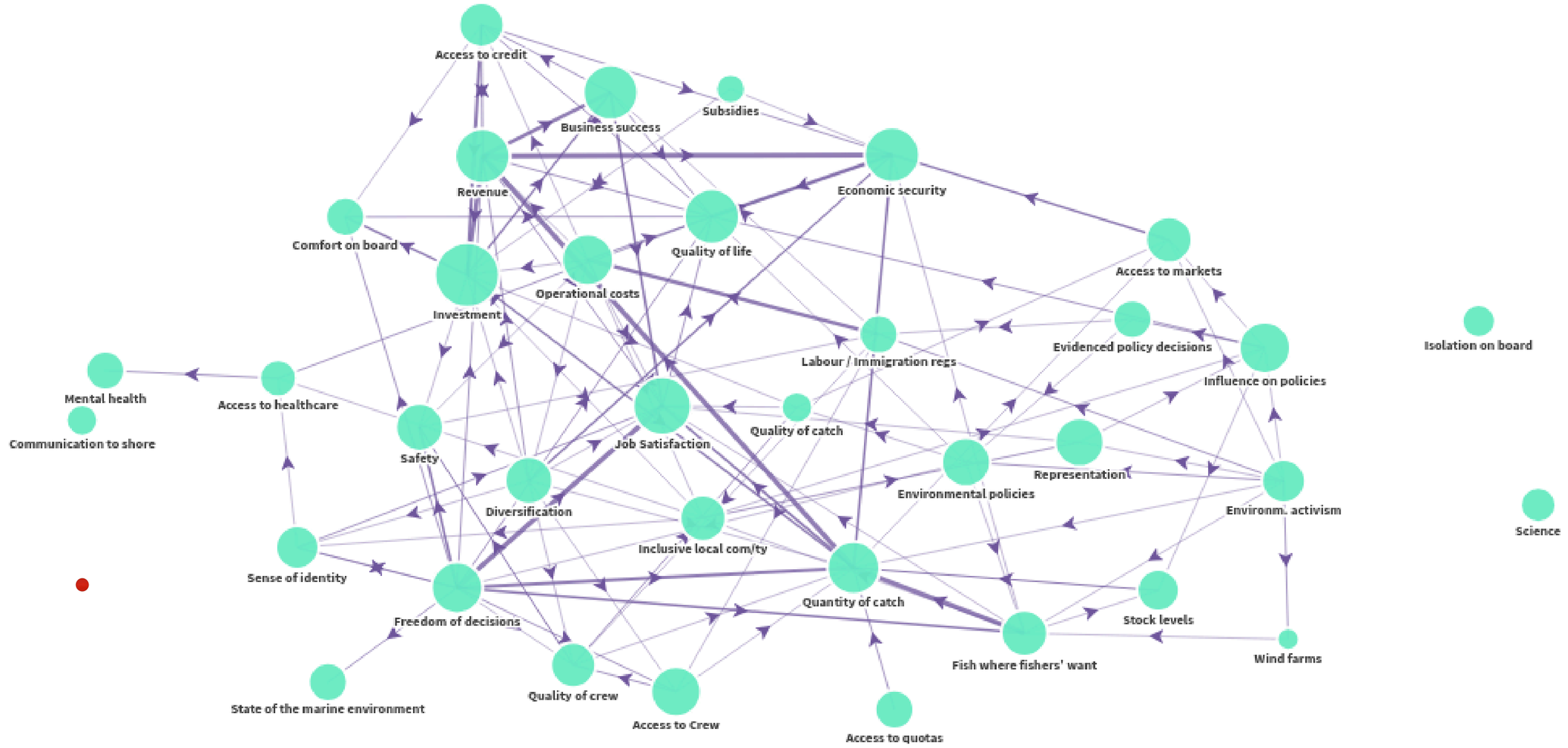
FCM example


Abitility fish where fishers' want
Environm ental policies
Fishers' Represe ntation
Inclusion in local community
Sense of identity
Quality of catch
Quantity of catch
Freedom of decisions
Diversification of boat activities
Access to quotas
Quality of crew
Job Satisfaction
Economic security
Stock levels
Ability to influece decisions of authorities
Fishers' Quality of life
Access to labour /Crew
Operational costs
Business success
Environmental protection activities
Subsidies
Safety
Access to healthcare
Access to markets
investment
Efficiency/ Technolofy
Access to councelling/ emotional support
Revenue
Access to credit
Communicati on to people on shore
State of the marine environment
Labour laws/Immgrations
Comfort on board
Isolation on board

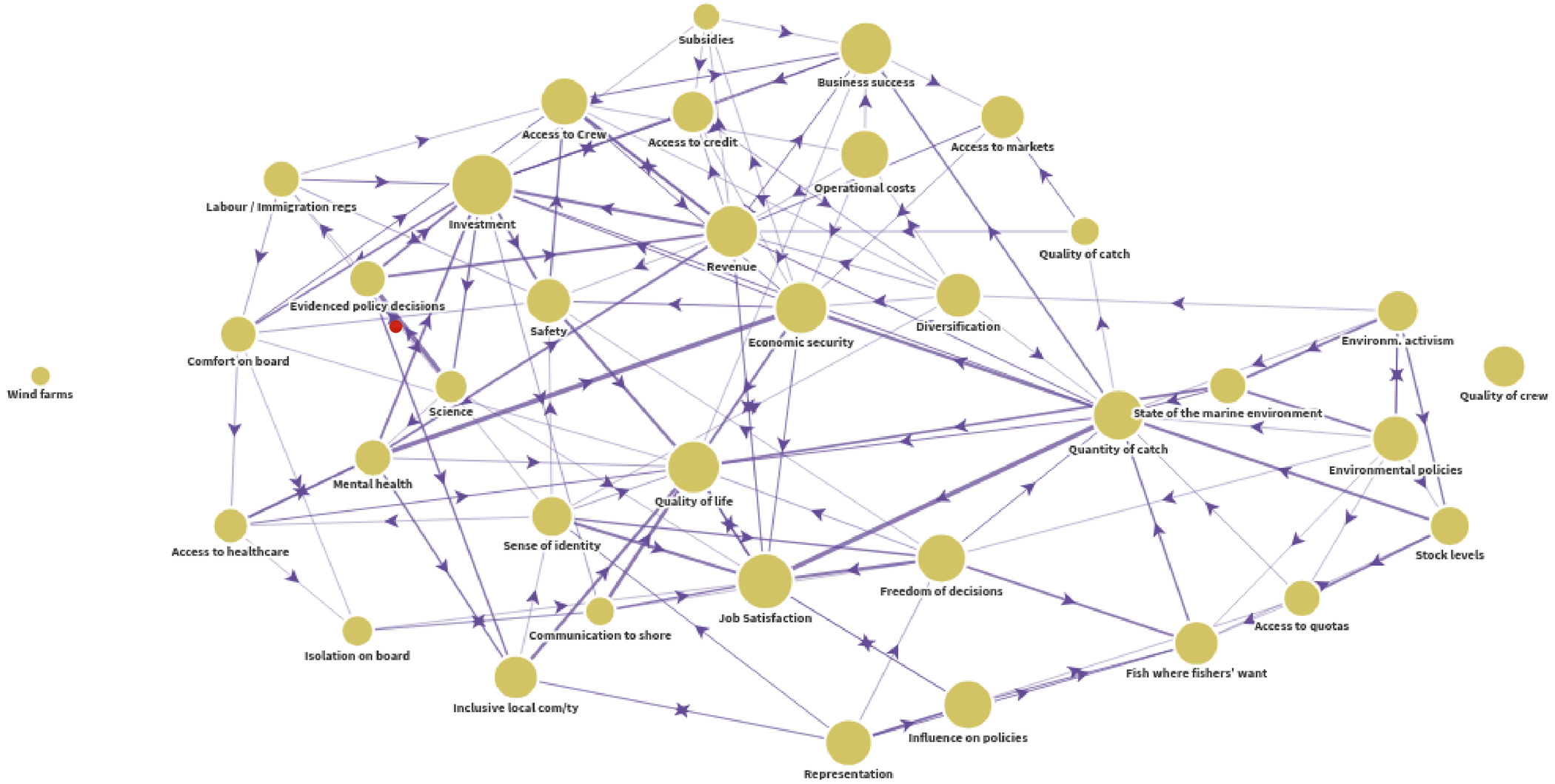


	Fishers	Research	Representatives	Civil society	Government	Community
Number of participants	5	3	3	4	3	17
Number of indicators	34	35	35	35	37	37
Number of connections	107	130	111	168	114	301

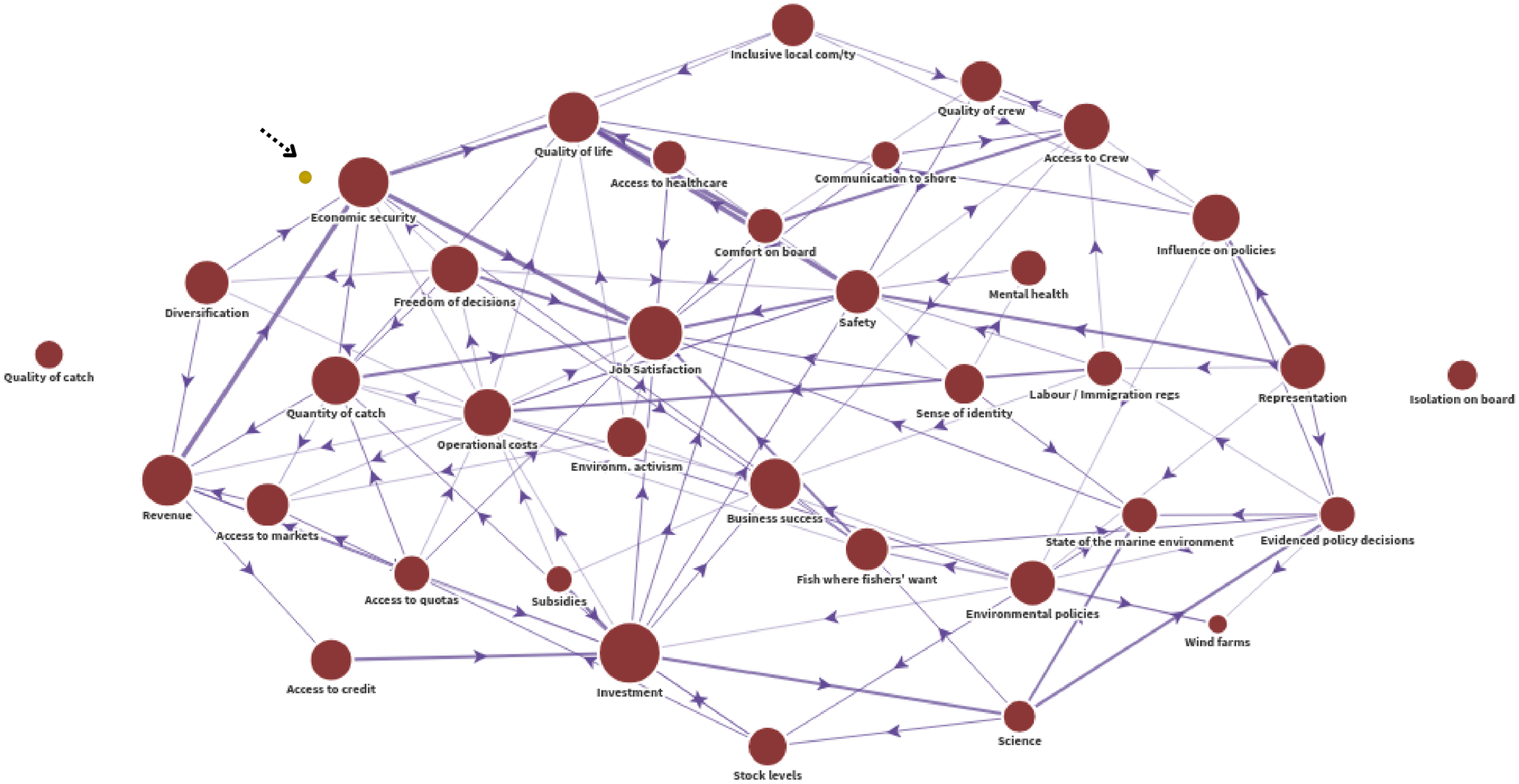
Fishers’ map


Access to credit
Business success
Subsidies
Revenue
Economic security
Comfort on board
Quality of life
Access to markets
Operational costs
Investment
Evidenced policy decisions
Labour / Immigration regs
Isolation on board
Influence on policies
Mental health
Access to healthcare
Communication to shore
Job Satisfaction
Quality of catch
Safety
Representation
Environmental policies
Environm. activism
Diversification
Science
Inclusive local com/ty
Sense of identity
Quantity of catch
Stock levels
Freedom of decisions
Fish where fishers' want
Wind farms
Quality of crew
State of the marine environment
Access to Crew
Access to quotas

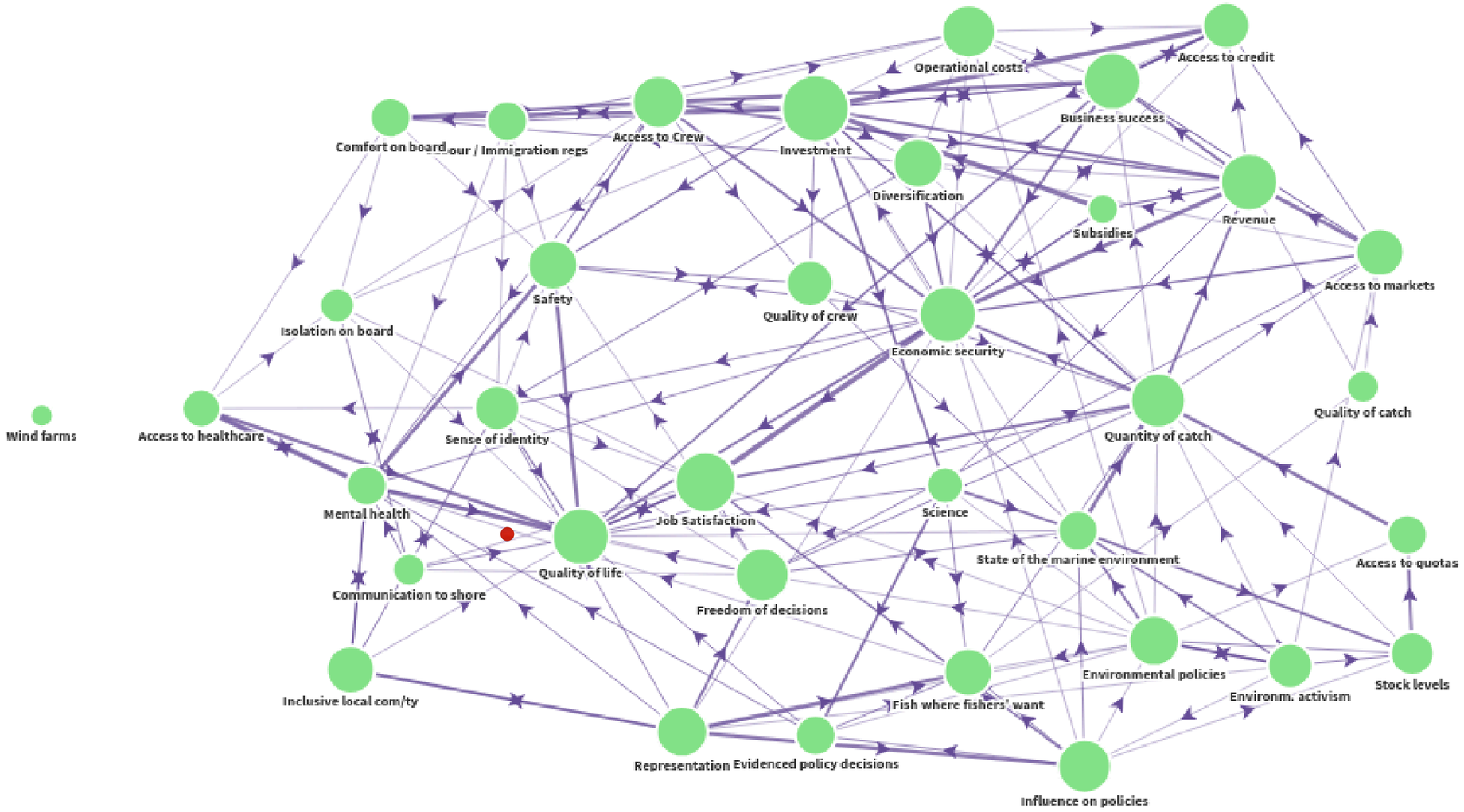
Researchers map



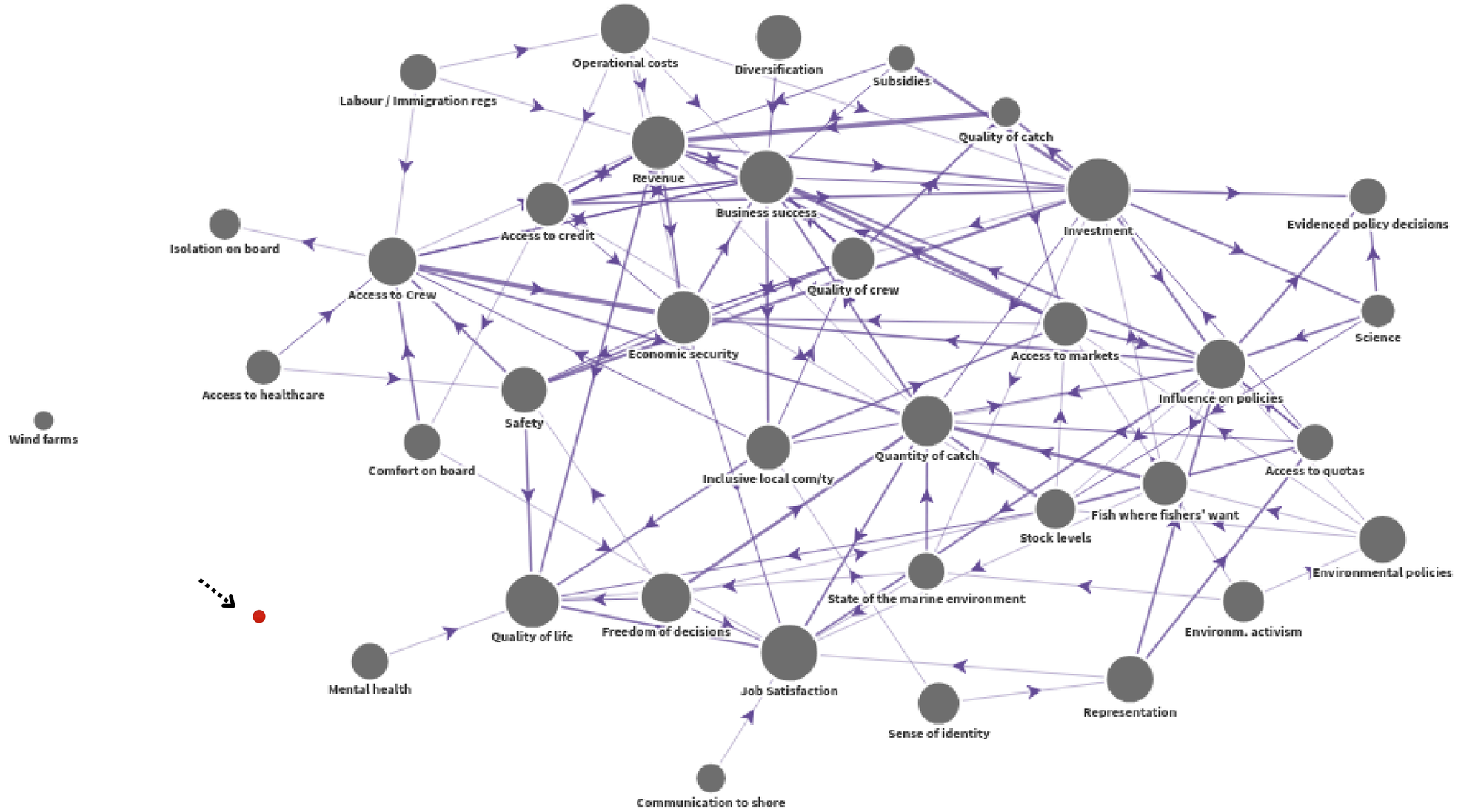
Representatives map



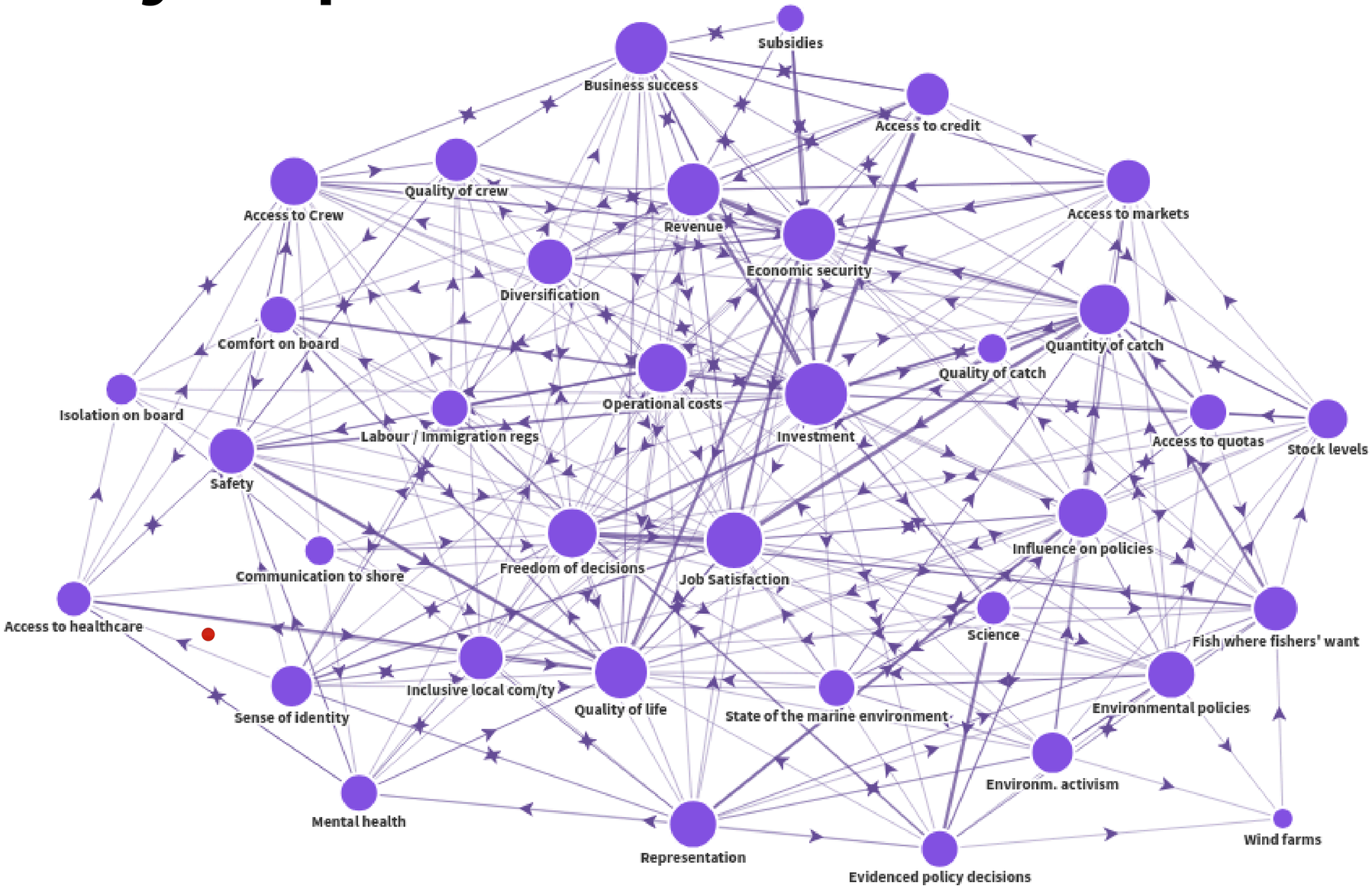
Civil society map



Government map



Community map



Key messages

- We must not only ask fishers what “works” but also those who have an interest in **supporting and researching** fishers’ well-being
- Mental health is a core element **affects and is affected** by wellbeing indicators like freedom of decisions,sense of identity and profitability
- We must **ask everyone** and create a holistic system map where then elements can be **identified and examined as part of the system** according to policy interest.

thank you

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